

## Why you can trust PCCS with **your plan**

Our staff are degree-qualified professionals and experts in their fields, thoroughly familiar with the social services and disability sectors. We strongly advocate for your needs to ensure you receive appropriate funding.

PCCS communicates regularly with the NDIS and are experts at navigating the system. We're proactive and persistent because we genuinely want you to experience the same opportunities as everyone else.

Our multidisciplinary, multicultural team includes Occupational Therapists, Social Workers, Counsellors, Mental Health Nurses, and Psychologists, ready to support you clearly and respectfully in plain English or your preferred language.



## Connect with us

PCCS is an inclusive, forward-thinking, not-for-profit health organisation specialising in social prescribing.

We simplify your access to essential health and community supports, so you can improve your wellbeing, quality of life and sense of belonging.

With a personalised support plan, you'll get the most out of your NDIS services, achieve your goals and live the life you want.

Talk with our friendly team today.

**PCCS** *Australia's leader in social prescribing®*

 (07) 3186 4000

 [pccs.org.au/ndis](https://pccs.org.au/ndis)

 2570 Gold Coast Highway,  
Mermaid Beach QLD 4218



PCCS is a registered NDIS Service Provider.  
Approved NDIS Provider No. 4050003929

*Primary & Community Care Services gratefully acknowledges the financial and other support from the Gold Coast Primary Health Network, Australian Government Department of Health, and our other funding partners.*



*Practically supporting wellbeing*



## Ready for NDIS to work for you?

### The answer is *ndiyes!*

**PCCS are experts in:**

- Complex or Intensive Support Needs
- Occupational Therapy & Psychological Services
- Specialist Support Coordination
- Plan Management
- Skills Based Well Together® Groups

**PCCS** *Australia's leader in social prescribing®*

# Let's make life better

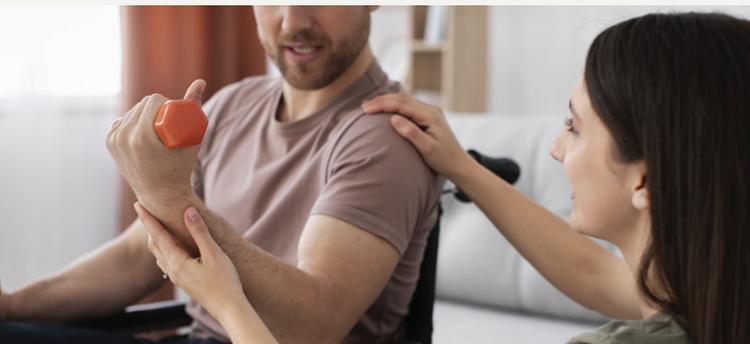
PCCS is here to help NDIS work for you and change your life for the better. Our local expertise in health, social, and community services means we can guide you to the right support at the right time. We listen to your needs and support you to be in control of your NDIS journey.

## How we support you

### Occupational Therapy Services

Our friendly Occupational Therapists (OTs) are committed to making your day-to-day life easier with:

- Functional assessments
- Rehabilitation for daily living and social activities
- Assistive technology to boost your independence
- Home modifications for safety and accessibility
- Housing applications
- Assessments for Supported Independent Living (SIL) and Specialist Disability Accommodation (SDA)



### Psychological Services

PCCS works alongside you, to help improve your daily wellbeing and manage:

- Anxiety, depression, and phobias
- Trauma and PTSD
- Assertiveness and behavioural concerns
- Self-development and social skills
- Relationship building and conflict resolution



### Specialist Support Coordination

We know navigating the NDIS can feel overwhelming, especially when changes occur. Our specialist coordinators aim to:

- Find and negotiate the best providers for you
- Help you maintain choice and control
- Simplify NDIS stages and the online Portal
- Prepare for your next NDIS plan review
- Communicate regularly to ensure you're always informed and supported.

### Plan Management

Our Plan Managers deliver all the advantages of self-managed NDIS funding without the administrative and financial stress by:

- Regularly monitoring your budget
- Ensuring timely payments to your chosen providers
- Enabling access to both registered and non-registered providers
- Helping you build confidence and skills to manage your own plan in the future

### Connect with your community

As Australia's leading social prescribing organisation, PCCS helps you build meaningful community connections and reduce social isolation. Our skills based **Well Together**® groups offer a range of fun, creative groups to enhance your wellbeing, confidence, and sense of belonging.