





Fact Sheet for GPs & Rehabilitation Providers

Do you have a patient/client with a workplace injury who hasn't returned to work or returned at reduced hours?

Perhaps they're feeling isolated, disengaged and disconnected from their local community or personal interests. Or not coping well with life.

Plus Social may be the answer. Plus Social is a specialised program designed to complement your clinical care by addressing the social and emotional needs of people recovering from workplace injuries. The program is free for people who have an open EML claim.

Plus Social provides structured, consistent support for up to 12 weeks. Link Workers collaborate with you to ensure their recommendations align with your patients'/clients' care plans.

Evidence-Based Outcomes

Research shows that participants' quality of life is significantly improved through Plus Social, with reduced pain, psychological distress, and loneliness. By referring your patients/clients, you can be confident they will receive support and services to complement their recovery.

Eligibility Criteria

Individuals may be suitable for Plus Social if they:

- have a workplace injury under the NSW Workers Compensation Scheme
- are unable to fully return to work for the last 3 to 9 months
- have an open EML claim (referral approval required by EML)

Benefits for Your Patients/Clients

Participants are paired with a highly qualified Link Worker who conducts an in-depth assessment of their social and emotional needs. Link Workers tailor support for each participant. They connect participants with appropriate local services and groups that align with their needs and goals. These groups or individual activities, foster participants' confidence and skills for a successful return to work.

Plus Social aims to:

- improve emotional and psychological wellbeing
- reduce loneliness and increased social connection
- enhance coping skills and empowerment
- improve confidence and ability to return to work
- access community-based services such as financial counselling, housing assistance, and interest groups (eg art, photography, cooking, and gardening).







Plus Social Referral Pathway

Partner with PCCS to Support Better Patient Outcomes

Plus Social is delivered by Primary & Community Care Services (PCCS), a trusted leader in social prescribing and patient-centred care. Together, we can help your patients achieve their recovery goals and improve their overall wellbeing.

FAQs

Does Plus Social replace medical care?

No. Plus Social complements your care by addressing the non-medical barriers to recovery, such as social isolation and financial stress.

Can patients/clients participate if they're already in other programs?

Yes. Plus Social works alongside other health and social support services to enhance participants recovery outcomes.

How do I refer a patient/client?

- Download the one-page referral form on our website pccs.org.au/provider-resources
- 2. Return to HealthLink EDI: gpsocial or email nswintake@pccs.org.au

For further information

Visit our website, phone, or email us today.

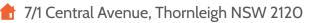




rswintake@pccs.org.au



9477 8700



Primary & Community Care Services Ltd is grateful to EML for their support and funding of this service through the Mutual Benefits Program.









