



Why choose us?

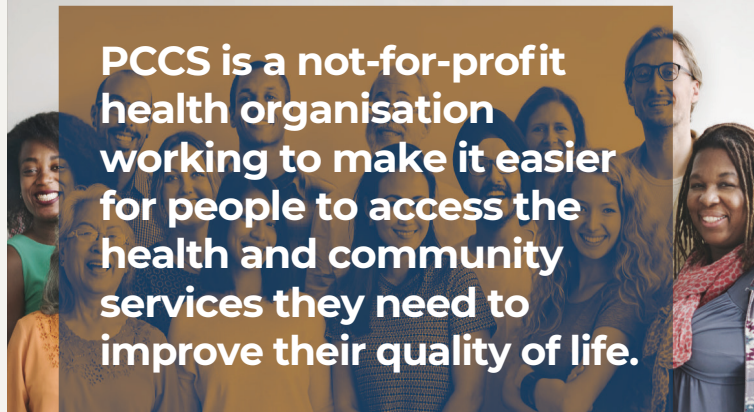
The friendly PCCS team are degree qualified and award-winning experts in their field. A thorough knowledge of the social services and disability sectors ensures best value and practical outcomes for our clients.

Our working relationship with the NDIA makes us specialists in navigating the system. PCCS is dedicated to research and design of the best innovative health programs in the sector, and this best practice expertise flows through all of our services. We are committed to our clients and truly want you to have the same opportunities that the wider community enjoys.

Our multidisciplinary and multicultural team of OTs, social workers, counsellors, mental health nurses and psychologists are here to help in plain English or your preferred language, to help you reach your goals.



Connect with us



For more information



(02) 9477 8700



enquiries@pccs.org.au



pccs.org.au



Unit 7/1 Central Avenue,
Thornleigh NSW 2120

Approved NDIS Provider No. 4050003929
ABN: 92 154 673 793

Primary & Community Care Services gratefully acknowledges the financial and other support from the Australian Government Department of Health, the NDIA, the New South Wales Government and our other funding partners.



Your key to improved daily living

Our Occupational Therapy services

Assessments, interventions and supports that help you get the most out of life



Practically supporting wellbeing



Occupational Therapy at PCCS

Our Occupational Therapists (OTs) are available to help you manage and live with long-term (chronic) health conditions.

They are experienced and qualified experts in the relationships between people's daily activities and their health and wellbeing. They work with people to make everyday living easier.

At PCCS, our OT specialists can help people manage ongoing concerns by building knowledge and skills around:

- Finding new ways of doing activities
- Changing the environment to suit needs
- Developing independent living skills
- Dealing more effectively with stress and emotions
- Linking in with the community
- Coping with grief and loss
- Managing self esteem
- Organising daily life.

We listen to your needs and help you take control.

What services do OTs provide in the National Disability Insurance Scheme (NDIS)?

Our team of qualified and experienced Occupational Therapists can provide:

- | Guidance with Assistive Technology (aids & equipment) and Home modifications
- | Assessment of personal support needs (personal care)
- | Housing assessments for participants who need Specialist Disability Accommodation (SDA) or Supported Independent Living (SIL) Accommodation
- | Transport assistance
- | Orientation and mobility training
- | Rehabilitation for social participation



"I have hope for the future now – that changes everything."

Dara, PCCS client



"PCCS has helped reduce my pain levels, provided support and refreshed my employability. There are genuine people out there who actually do care!"

Jasmine, PCCS client

How OT supports your NDIS

Our OT assessments are a primary form of evidence that the NDIA looks for to provide evidence of disability and activate funding in your NDIS plan.

Once you have an NDIS plan, further OT assessments and training can then be supported under these NDIS categories:

- Improved Daily Living
- Assistive Technology

Contact us to discuss your access to OT and the NDIS.



Most OT services can be funded under the NDIS without any additional cost to you. Ask us how!