

Why choose us?

The award winning professionals at PCCS are experts in their field. Our knowledge and experience in the social services and disability sectors allows us to offer the best value with meaningful outcomes tailored specifically to your needs. In addition, our strong relationships with the NDIA makes us experts in navigating the complexities and helping you get the best plan possible.

PCCS leads the sector in innovation and research, designing solutions to improve health and wellbeing. Our best practice approach flows through all of our services. You deserve the same opportunities as the wider community. That's our commitment.

Our multidisciplinary and multicultural team of OTs, social workers, counsellors, mental health nurses and psychologists are here to help in plain English or your preferred language, to help you reach your goals.

make
sure the
answer
is
ndiyes!



Connect with us

PCCS is a not-for-profit health organisation working to make it easier for people to access the health and community services they need to improve their quality of life.



For more information

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 enquiries@pccs.org.au

 pccs.org.au

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Approved NDIS Provider No. 4050003929
ABN: 92 154 673 793

Primary & Community Care Services gratefully acknowledges the financial and other support from the Australian Government Department of Health, the NDIA, the New South Wales Government and our other funding partners.

Helping you get more out of life

Positive Behaviour Support (PBS)

- Participate in more of life's activities
- Address behaviour that holds you back
- Increase your options and life quality

Better
together

 Primary &
Community Care
Services Limited

 I ♥
ndis



Practically supporting wellbeing

What's holding you back?

Positive Behaviour Support (PBS) is a proven therapy that addresses behaviours if they are unsafe or leading to breakdowns in relationships and frustrations between yourself and those around you.

The great thing about PBS is that it's all about getting to know you and helping you to communicate effectively to meet your needs, increase your choice and control, and also reduce any stress.



 PCCS Positive Behaviour Support

Your PCCS specialist will work with you to

- understand the choices you make as well as those around you
- understand what gives rise to behaviours that may be holding you back
- reduce restrictions and help you reach your full potential to lead the life you want

Support plan

Following analysis with your PCCS specialist, a tailored support plan is developed and put in place so that you and those around you (your carers, family, support workers etc.) can understand why and how your behaviours emerge. Importantly, the plan also includes:

- | How the environment can be changed to make a behaviour unnecessary
- | Specific ways to learn new skills so you don't need to use a particular behaviour to get your needs met
- | Clear procedures for responding to behaviours of concern without punishment
- | A process to track the plan's progress and outcomes (e.g. evidence of skills development, the frequency, intensity and duration of ongoing behaviours).



"It's the first time in a long time, where I feel heard and understood. I feel I now have the confidence to move forward, and connect with new friends."

Janet, PCCS client

Is PBS right for me?

Why use PBS?

PBS puts you first. Support is individualised and takes into account the treatments you are already receiving. PBS is informed by the whole of your clinical and personal support network to get the best outcomes that work for you.

Is PBS safe?

In practice, PBS is all about supporting your rights, alongside your safety and the safety of those around you, while embracing inclusivity and diversity.



"My PCCS specialist was great at encouraging me on the journey and out of isolation. Social skills are like a muscle that needs to be exercised"

Adam, PCCS client

NDIS Support for PBS

The NDIS Support Categories that may cover the cost of PBS include:

- Improved Daily Living
- Improved Relationships

We are able to provide services at home, in school, the workplace, our offices and at supported accommodation centres.