

ACCESS + APPROVED PROVIDERS

**** Please see colour key at bottom of spreadsheet

| PROFESSION | FIRST NAME | SURNAME | SUBURB | DISABLED ACCESS | GEN | CMHS | ATSI | SPP | PND | SPECIALTIES | OTHER LANGUAGES | AVAILABILITY |
|-------------------------|------------|-------------|----------------|-----------------|-----|------------|------|-----|-----|---|-----------------|---|
| Clinical Psychologist | Sara | Hosking | ARTARMON | No | GEN | CMHS | ATSI | SPP | PND | Anxiety & phobias, PTSD, Depression, Employee assistance program, Work stress, ADHD, Post-natal Depression, Assertiveness Training Therapy, Life transition & adjustment issues, Behavioural problems, Eating disorders in adolescents, Bipolar Disorder in Young People, Insomnia, Stress, Relationships Counselling, Addictions, Grief & Loss, Pain Management, Cognitive Behavioural Therapy, Acceptance and Commitment Therapy, Mindfulness, Schema Therapy, EDMR and Hypnosis | | CURRENTLY HAS A WAITLIST |
| Registered Psychologist | Natalie | Bauer | ASQUITH | | GEN | | ATSI | | | Gambling, Gender, Sexuality, Identity, Health Related Problems, Impulsive Behaviours, Infertility, Intellectual Disabilities, Learning Difficulties, Management Offenders, Parent, Personality Disorders, Post Natal Depression, PTSD, Self Harm, Suicide, Sexual Abuse, Sleep Disorders, Terminal Illness, Trauma, Victims of Crime, Work Stress, Bullying | | |
| Clinical Social Worker | Patricia | McNamara | ASQUITH | | GEN | CMHS > 5ys | ATSI | | | Alcohol Abuse, Anger Management, Bullying, Community Consultation Evaluation, Conflict Resolution, Criminal Behaviour, Critical Incident / Stress Debriefing, Cross Cultural, Divorce, Separation, Gender, Sexuality, Identity, Health Related Problems, Infertility, Leadership, Postnatal Depression, PTSD, Self Harm, Suicide, Sexual Abuse, Trauma, Victims Of Crime, Work Stress, Bullying, Domestic Violence, Low self-esteem. Clinical Social Worker with over 25 years' experience working in the area of trauma. | | |
| Registered Psychologist | Noelle | Christopher | BALGOWLAH | | GEN | CMHS | ATSI | SPP | PND | ADHD, Adjustment, Alcohol Abuse, Anger Mgmt, Anxiety & Phobia, Assertiveness Training, Autism Spect, Behaviour Prob, Bullying, Conflict Resolution, Couples Therapy, Criminal Behaviour, Critical Incident/Stress Debriefing, CrossCultural, Cult Involvement, Depression, Dissociative Identity Disorder, Divorce & Separation, Eating Disorder, Family Court Issues, Gambling, Gender/Sexual Identity, Health Related Prob, Impulse Behaviour, Infertility, Intellectual Assessment, Intellectual Disability, Leadership, Learning Diff, Legal Reports, Parenting, Personality Disorder, Post Natal Depress, PTSD, Self Harm/Suicide, Sexual Abuse, Terminal Illness, Trauma, Victime Of Crime, Work Stress/Bully | Arabic French | UNABLE TO ACCEPT REFERRALS UNTIL FURTHER NOTICE |
| Registered Psychologist | Cindy | Hsiang | BAULKHAM HILLS | | GEN | | | | | Extensive experience working with children, adolescents and their families including Assessment and interventions of Autism and related developmental delays, Learning and Behavioral Difficulties, Anxiety and Depression, Bullying, ADHD, Autistic Spectrum, Intellectual Assessment, Adjustment, Learning Difficulties, Parenting, Intellectual Disability, Eating Disorders, Behaviour Problems, Adjustment, Anxiety/Phobias, Impulsive behaviours, Cross Cultural, Self harm/suicide | Mandarin | |
| Registered Psychologist | Carl | Nielsen | BEACON HILL | No | GEN | | | | | ADHD, Adjustment, Alcohol Abuse, Anger Management, Anxiety, Phobias, Assertiveness Training, Autism Spectrum, Behavioural Problems, Bullying, Conflict Resolution, Couples Therapy, Criminal Behaviour, Critical Incident Stress Debriefing, Depression, Disassociate Identity Disorders, Divorce / Separation, Eating Disorders, Expert Witness, Family Court Issues, Gambling, Gender / Sexual Identity, Health Related Problems, Impulsive Behaviours, Infertility, Intellectual Assessment, Intellectual Disabilities, Leadership, Learning Difficulties, Legal Representation, LGBTQI, Offenders, Parenting, Personality Disorders, Post Natal Depression, PTSD, Self Harm, Suicide, Sexual Offences, Sexual Abuse, Sleep Disorders, Terminal Illness, Trauma, Victims Of Crime, Work Stress, Bullying | | AT CACITY |
| Registered Psychologist | Katie | Chung | BEECROFT | No | GEN | | | | | ADHD, Adjustment, Alcohol Abuse, Anger Management, Anxiety, Phobias, Assertiveness Training, Autism Spectrum, Behavioural Problems, Bullying, Conflict Resolution, Depression, Impulsive Behaviours, Intellectual Assessment, Intellectual Disabilities, Learning Difficulties, Parenting, Personality Disorders, Self Harm, Suicide, Sleeping Disorders, Work Stress / Bullying | | |
| Registered Psychologist | Amelia | Stojanovik | BEECROFT | | | | | | PND | Works with adults, parents and infants and specialises in Perinatal. Amelia is a registered Circle of Security Parenting facilitator and has also completed training to deliver Parent Child Interaction Therapy. | | |

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| Registered Psychologist | Naomi | Rose | BELLA VISTA | | GEN | CMHS | | SPP | | CBT, Family Therapy, EMDR, Psycho-education, Problem-solving Therapy, Interpersonal Psychotherapy, Narrative Therapy, Asperger's/Autism, Play Therapy, Anxiety/ Depression/Behavioural issues, Suicide prevention, Separation anxiety, Trauma/ DV, Relationship and Couples counselling, Family Counselling, Stress / Low Self-esteem, Grief, parenting, Psychological Testing - Cognitive strengths for children and adults (WISC-5 and WAIS), Learning Difficulties for children and adults (WIAT-111), Memory for adults (CVLT 3), Neuropsychological status for adults (RBANS), Behavioural/emotional test for children 6-18 (ASEBA), ADHD for children ages 6-18 (Conners 3) | | |
| Registered Psychologist | Keren | Calvert | BELROSE | Yes | GEN | | ATSI | SPP | | Experienced in working with adults in a range of areas, including Anxiety, Depression, Grief and Self-esteem, Adjustment, Phobias, Assertiveness Training, Bullying, Health Related Problems, PTSD, Self Harm/Suicide, Trauma | | |
| Clinical Psychologist | Sandra | Coetsee | BELROSE | No | GEN | | ATSI | SPP | | Over 20 years experience as a Clinical Psychologist and supervisor working with Adults, Adolescents and Couples within the field of Addictions, including Drugs, Alcohol and Gambling. Depression, Anxiety & phobias, Personality disorders, PTSD, Substance abuse, Couples therapy, Postnatal Depression, Stress management, Grief/loss | | |
| Registered Psychologist | Emily | Evenhuis | BEROWRA HEIGHTS | | GEN | | | | | Over 15 years experience working with children, adolescents and adults and specialises in Depression, Anxiety, Relationship issues, Post Traumatic Stress Disorder, CBT and all areas of mental health. | | |
| Registered Psychologist | Yelena | Udy | BROOKLYN | No | GEN | | ATSI | SPP | | Over 15 years experience in private practice integrating Process Oriented Psychology. including Assertiveness training, Critical Incident Stress Debriefing, Health related problems, Post Traumatic Stress Disorder, Conflict resolution, Leadership, Behaviour problems, Couples therapy, Cross-cultural, Trauma | | |
| MH Nurse | Wendy | Corliss | BROOKVALE | Yes | GEN | | ATSI | SPP | PND | Trained in EMDR, Somatic Experiencing, Psychodynamic Psychotherapy, and Trauma Sensitive Yoga with over 20 years experience in Post-traumatic Stress Disorder, Addictions, Eating disorders, Adjustment, Anxiety/phobias, Depression, Postnatal Depression, Trauma, Anger Management, Community consult/evaluation, Dissociative identity disorder, self harm/suicide, PTSD, Alcohol abuse Health related problems Bullying | | |
| Registered Psychologist | Mario | Mihalich | BROOKVALE | Yes | GEN | | | | | Relaxation Strategies, Skills Training, Parent Family Base Intervention, Risk Assessments, Conflict Resolution, Divorce, Separation, PTSD, Trauma, Work Stress, Bullying | | |
| Registered Psychologist | Lara | Petrulis | BROOKVALE | | GEN | | | | | Adjustment, Alcohol Abuse, Anger Management, Anxiety, Phobias, Assertiveness Training, Bullying, Conflict Resolution, Couples Therapy, Criminal Behaviour, Depression, Dissociative Identity Disorder, Divorce / Separation, Eating Disorders, Gambling, Gender / Sexual Identity, Health Related Problems, Impulsive Behaviour, Parenting, Personality Disorders, Post Natal Depression, PTSD, Self Harm / Suicide, Sexual Abuse, Terminal Illness, Trauma, Victims of Crime, Work Stress / Bullying, Complex trauma | | |
| Clinical Psychologist | Amy | Wheaton | BROOKVALE | Yes | GEN | CMHS | | | | CBT, ACT, Schema / Narrative therapy, Anxiety Disorders, Stress, Depression, Relationship issues and difficult life transitions. | | CURRENTLY AT CAPACITY |
| Registered Psychologist | Leslie | Spitz | CAMMERAY | | GEN | | | | | ADHD, Adjustment, Anxiety, Phobias, Behaviour Problems, Depression, LGBTQI, Personality Disorders, PTSD, Trauma, Victims of Crime, Work Stress / Bullying | | |
| Registered Psychologist | Mei Tze | Ling | CAMPSIE | Yes | GEN | | | | | Depression, Anxiety, PTSD, Women's health and well-being, Trauma including from childhood, Discrimination due to Sexuality, Gender, Race and Religion, Bullying at home and in the workplace, Adult survivors of child sexual assault, Migrational and generational issues, Chronic health issues, Stress management, Grief and loss, Dissociation, Coping skills and creativity. Body-focussed processes using the Hakomi Method in mindfulness, Music therapy, Gestalt Therapy, Cognitive-behavioural strategies, Dream therapy, Meditation, Breathing practices and relaxation techniques. | | |
| Registered Psychologist | Ian | Koh | CARLINGFORD | Yes | GEN | | ATSI | | | Adjustment, Anxiety, Phobias, Community Consultation, Evaluation, Critical Incident / Stress Debriefing, Cross Cultural, Depression, Gambling, Health Related Problems, Impulsive Behaviours, Leadership, Management Offenders, Parenting, Personality Disorders, Sleep Disorders, Trauma, Work Stress, Bullying | Mandarin | AVAILABLE ON SATURDAYS |
| Registered Psychologist | Shalav | Mehta | CARLINGFORD | Yes | GEN | CMHS | ATSI | SPP | | Bullying, Health related problems, mindfulness, cross cultural, trauma, ADHD, alcohol abuse, PTSD, sleep disorders, sexual abuse, victim of crime, | Hindi Urdu Punjabi Persian Swedish Dari | |
| Registered Psychologist | Massoud | Amani | CHATSWOOD | No | GEN | | | SPP | | Depression, PTSD, Anxiety & phobias, Asperger's syndrome, Post-natal Depression, Bullying, Sexual abuse, Grief / loss, self esteem & self development, Shyness & social skills deficits. | | |

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| Registered Psychologist | Kym-Lee | Carlson | CHATSWOOD | | GEN | | ATSI | SPP | | Fully trained psychoanalyst with over 29 years experience treating adults children and families. Experience with mental disorders, Depression, Anxiety, PTSD, Childhood Abuse, Anger issues, Fear issues, Grief and Loss, Assertiveness Training Therapy, Behavioural Problems, Bullying, Couples Therapy, Divorce, Sleep Disorders, Terminal Illness, Trauma, Work Stress | | |
| Social Worker | Johan Zaid | Crouch | CHATSWOOD | | GEN | | | | | Adjustment, Alcohol, Anger, Anxiety, Assertiveness, Behaviour, Conflict Resolution, Couples, Critical Incident, Cross-Cultural, Depression, Dissociative Identity Disorder, Divorce, Eating Disorder, Family Court, Gambling, Impulsive, Legal Reports, Personality Disorders, Postnatal Depression, PTSD, Self-harm, Suicide, Sexual Abuse, Trauma, Workplace Stress, Victim Of Crime. | | |
| Registered Psychologist | Karen | Davis | CHATSWOOD | Yes | GEN | Does not work with Children | | | | Adjustment, Anxiety, Phobias, Assertiveness Training, Bullying, Cultural, Depression, Gender / Sexual Identity, Health Related Problems, LGBTQI, Personality Disorders, PTSD, Sexual Abuse, Sleeping Disorders, Terminal Illness, Trauma, Victims of Crime, Work Stress / Bullying | | CURRENTLY AT CAPACITY |
| Clinical Psychologist | Deborah | Etienne-Ward | CHATSWOOD | Yes | GEN | | | | | Anxiety, Depression, Eating Disorders, Obsessive Compulsive Disorder, Gender Dysphoria, LGBTI | | CURRENTLY AT CAPACITY |
| Registered Psychologist | Kylie | Finlayson | CHATSWOOD | Yes | GEN | Does not work with Children | | | | Adult mental health, Mens mental health, Anger Management, Emotional distress, Trauma, Prolonged grief, Depression, Anxiety, CBT, DBT, Narrative, Schema, Mindfulness Based Stress Reduction | | |
| Registered Psychologist | William (Wai Lun) | Fu | CHATSWOOD | | GEN | CMHS > 6 yrs | | SPP | PND | Eating Disorders, Adolescent mental health, Chronic pain, Trauma, Suicide Prevention, CALD, | | |
| Registered Psychologist | June | Gay | CHATSWOOD | | GEN | Does not work with Children | | | | Adjustment, Anxiety, Phobias, Assertiveness Training, Bullying, Critical Incident / Stress Debriefing, Cross Cultural, Depression, Divorce, Separation, Gender / Sexual Identity, Health Related Problems, Leadership, LGBTQI, Parenting, Post Natal Depression, PTSD, Sleep Disorders, Work Stress, Bullying | | TELEHEALTH AT THIS LOCATION ONLY |
| Registered Psychologist | Sue | Gynther | CHATSWOOD | No | GEN | | | | | Anxiety & phobias, Depression, DID, PTSD, Sexual abuse, Suicide, Anger management, Gay/lesbian issues, Grief/loss, Couples therapy | | CURRENTLY AT CAPACITY |
| Registered Psychologist | Peggy | Lee | CHATSWOOD | Yes | GEN | | ATSI | | | EMDR, Cross-cultural, Anxiety & phobias, Depression, Health related problems, Pain management, Rehabilitation/injury counselling, PTSD, Suicide, Grief/loss, | | |
| Registered Psychologist | Lidia | Long | CHATSWOOD | Yes | GEN | | | | | Anxiety & Depression, Alcohol & Substance abuse, Health related problems, Pain management, Personality disorders, OCD, Mental illness, Post-natal Depression. WDO Approved | Italian | |
| Registered Psychologist | Eloisa | Mulet | CHATSWOOD | | GEN | | | | | Fully trained psychoanalyst with over 29 years experience treating adults children and families. Experience with mental disorders, Depression, Anxiety, PTSD, Childhood Abuse, Anger issues, Fear issues, Grief and Loss, Assertiveness Training Therapy, Behavioural Problems, Bullying, Couples Therapy, Divorce, Sleep Disorders, Terminal Illness, Trauma, Work Stress | Portuguese Spanish | |
| Registered Psychologist | Alexandra | Saunders | CHATSWOOD | | GEN | | ATSI | SPP | | ADHD, Adjustment, Alcohol Abuse, Anger Management, Anxiety, Phobias, Assertiveness Training, Behavioural Problems, Bullying, Criminal Behaviours, Depression, Divorce / Separation, Eating Disorders, Health Related Problems, Impulsive Behaviours, Sleep Disorders, Trauma, Work Stress, Bullying | | |
| Clinical Psychologist | Rebecca | Stern | CHATSWOOD | | GEN | | | | | Eating Disorders, Cognitive Behavioural Therapy, Motivational Interventions, Narrative Therapy Strategies, Psychological Education, Relaxion Strategies, Skills Training, Attachment, CBT, DTB | | CURRENTLY ON EXTENDED LEAVE |
| Registered Psychologist | May | Tse | CHATSWOOD | | GEN | | ATSI | | | CBT, DBT, ACT, IPT models, Treatment of Survivors of Abuse and Trauma, Domestic Violence & the Family Law, Child protection & prevention, Suicide & Crisis management, Aboriginal Cultural Awareness, Chronic Stress, Work & Relational Conflict, Anxiety, Depression, Family Violence, Separation & Divorce, Life transition & Adjustment, Loss & Grief, Trauma & Attachment problems, , Weight Management, Mindfulness Training, Psycho Education. Family Therapy, Emotionally Focused Therapy | Cantonese Mandarin | |
| Registered Psychologist | Lorraine | Simpson | CHERRYBROOK | | GEN | | | | | Anxiety, depression, panic PTSD, pain management and injury adjustment as well as grief, phobias and acute stress disorders | | |

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| Clinical Psychologist | Frederika | Gerull | COLLARROY BEACH | No | GEN | | ATSI | | | Mindfulness Based Stress Reduction, Cognitive Behavioural Therapy, Couple and Family Therapy and Hypnosis to help with conditions such as Phobias, Anxiety, Depression, Panic Attacks, Chronic Fatigue, Trauma, Assertiveness Training, Loss/Grief, Childhood Anxiety, Obsessive Compulsive Disorder, Pain Management, Quit-Smoking, Weight Loss, low Self Esteem, Insomnia, Time Management, Concentration & Memory difficulties, Borderline Personality Disorder | German Deutsch | CURRENTLY ON LEAVE |
| MH Nurse | Wendy | Corliss | COLLARROY PLATEAU | Yes | GEN | | ATSI | SPP | PND | Wendy is trained in EMDR, Somatic Experiencing, Psychodynamic Psychotherapy, and Trauma Sensitive Yoga with over 20 years experience in Post-traumatic Stress Disorder, Addictions, Eating disorders, Adjustment, Anxiety/phobias, Depression, Postnatal Depression, Trauma, Anger Management, Community consult/evaluation, Dissociative identity disorder, self harm/suicide, PTSD, Alcohol abuse Health related problems Bullying | | |
| Counselling Psychologist | Malcolm | Desland | CROWS NEST | No | GEN | | ATSI | SPP | | Trauma. Competent in Anger Management Assertiveness Training Therapy Dissociative identity disorder, LGBTQI | | |
| Registered Psychologist | Racquel | Faram | CROWS NEST | Yes | GEN | | ATSI | SPP | PND | Complex issues, Anxiety, Panic Attacks, Depression (including perinatal), Drug and alcohol use, Trauma, Stress, Relationship / family problems, Adjustment, Infertility, Grief and loss, life transitions and parent-infant attachment. | | |
| Clinical Psychologist | Jennifer | Gardner | CROWS NEST | No | GEN | 17yrs + | | | | Mood, Anxiety, Adjustment Disorder, Grief and Loss, Adjustment Disorder, Trauma/ Complex Trauma, Emotional Dysregulation, Drug and Alcohol, Bulimia Nervosa, Binge Eating Disorder | | |
| Registered Psychologist | Jackie | Kingston | CROWS NEST | Yes | GEN | CMHS | ATSI | SPP | PND | Adjustment, Anxiety & Phobias, Depression Work stress & Workplace bullying, Self harm/suicide, Trauma, PTSD, Sleep disorder | | TELEHEALTH AT THIS LOCATION ONLY |
| Registered Psychologist | John | Burney | DARLINGHURST | | GEN | | | | | Assertive Training, Behavioural Problems, Couples Therapy, Depression, Divorce, Separation, Leadership, Work Stress, Bullying | | |
| Clinical Psychologist | Alison | Batt | DEE WHY | | GEN | | | | | Anxiety, Depression, Personality Disorders, Difficulties managing strong feelings, Sleeping Disorders, Parenting, Motivation, Relationships. Works with children who are experiencing social difficulties, anxiety, low self esteem and impulsive behaviours. Cognitive Behaviour Therapy (CBT), Dialectical Behaviour Therapy (DBT), Interpersonal Psychotherapy (IPT), Acceptance and Commitment therapy (ACT), and mindfulness skills training. | | CURRENTLY AT CAPACITY |
| Registered Psychologist | Leanne | Cater | DEE WHY | No | GEN | | | SPP | | Anxiety & Phobias, Depression, Self esteem & self development, Shyness & social skills deficits, Alcohol & Substance abuse, Criminal behaviour, Family court issues, Postnatal Depression, Grief/loss, Adolescent mental health, Psychotic illnesses | | CURRENTLY HAS A WAITLIST |
| Occupational Therapist | Aimee | Blackham | DEE WHY | No | GEN | | | | | Mental illness, Personality Disorders, Psychosis, Anxiety & Phobias, Depression, self. Aimee is an occupational therapist with a master's degree in mental health science and over eight years in working alongside people who experience mental health conditions. | | CURRENTLY HAS A WAITLIST |
| Clinical Psychologist | Jo | Gorrell | DEE WHY | No | GEN | | | SPP | | Anxiety & phobias, Depression, Mental illness, OCD, Personality disorders, Stress management, Self harm, PTSD. Jo has a Masters Degree in Clinical Psychology and has over 20 years experience working in hospital and community mental health settings. | | NOT ACCEPTING ANY REFERRALS AT PRESENT |
| Registered Psychologist | Eric | Lyleson | DEE WHY | | GEN | | | | | Anxiety / Panic Attacks, Conflict Resolution, Depression, Disability, Divorce / Separation, Family / Parenting, Insomnia, Intimacy Issues, Pain / Rehabilitation, Performance Anxiety, Phobias, Postnatal Depression, Relationship Issues, Stress Management, Trauma Recovery, Workplace Issues. Experienced in CBT, Gestalt, NLP, EFT, TFT, Ericksonian Hypnosis, Family Systems, Mindfulness, ACT, Humanistic and Existential therapies and Buddhist psychology. | | Monday to Thursday 8.30am - 7.00pm |
| Registered Psychologist | Kate (Catherine) | McMaugh | DEE WHY | | GEN | CMHS | ATSI | SPP | | Community consult/evaluation, Post-traumatic stress, Sexual abuse, Personality disorders, Self harm/suicide, Trauma Adjustment, Anxiety/phobias Couples Cross-cultural Depression Intellectual disability Learning difficulties Parenting PND, PTSD, Dissociative Disorders | | LEGACY ONLY NO NEW REFERRALS |
| Registered Psychologist | Kathy | Pearce | DEE WHY | No | GEN | | ATSI | | PND | Life transition & adjustment anger management anxiety phobia Depression, sexual abuse domestic violence relaxation stress management substance abuse LGBT pain management | | UPON REQUEST |
| Registered Psychologist | Katrina | Dever | DURAL | | GEN | | | | | Adjust, Alcohol Abuse, Anxiety, Phobias, Assertiveness Training Therapy, Couple Therapy, Depression, Divorce, Separation, Eating Disorders, Gender Sexuality Identity, Health Related Problems, LGBTQI, Self Harm Suicide, Work Stress, Bullying | | |
| Clinical Psychologist | Stephanie | Saulnier | DURAL | | GEN | | | SPP | | Health related problems, PTSD, Trauma, Victims of Crime, anxiety & phobias, grief, stress, adjustment, depression, OCD, domestic violence. | | |

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| MH Nurse | Myong (Kim) | De Conceicao | EASTWOOD | Yes | GEN | CMHS | ATSI | SPP | PND | Adjustment Anxiety/phobias Cross-cultural Gambling Depression PND Trauma competent in Health Related Problems Terminal illness Work stress and work place bullying | Korean | UPON REQUEST |
| Registered Psychologist | Robyn | Fallshaw | EASTWOOD | | GEN | CMHS | ATSI | | | Anxiety/phobia Behaviour problems Depression Intellectual disability Learning difficulties Parenting Self harm/suicide competent in Anger management Bullying Health related problems Sleep disorders ADHD Autistic spectrum Personality disorder. WDO Approved. | | |
| MH Nurse | Jason | Zou | EASTWOOD | | GEN | | ATSI | SPP | | Adjust, Anger Management, Anxiety, Phobias, Behavioural Problems, Bully, Community Consultation Evaluation, Conflict Resolution, Couple Therapy, Cross Cultural, Depression, Divorce, Separation, Gambling, Health Related Problems, Impulsive Behaviours, Leadership, Learning Difficulties, Parent, PTSD, Self Harm, Suicide, Terminal Illness, Trauma, Work Stress, Bullying | Mandarin | |
| Registered Psychologist | Wilson | Wong | EASTWOOD | | GEN | | | | | Has worked in Acute Care Service, Community Mental Health and Early Psychosis Intervention Service. Expert in ICD of Psychosis. | Mandarin and Cantonese | |
| Registered Psychologist | Sharon | Phillips | ELANORA HEIGHTS | | GEN | CMHS | | SPP | PND | Depression, Anxiety Disorders, Acute Stress Disorder, Relationships Issues, Addiction, Post natal Depression, Work Stress / Bullying, Grief and loss. CBT, ACT, DBT | | UPON REQUEST |
| Registered Psychologist | Rosalind | Dayman | EPPING | Yes | GEN | | | | | Adjustment Anxiety/phobias/ Cross-cultural competent in Anger Management, Assertiveness Training Therapy, Health related problems, Victim of crime, Alcohol abuse, Conflict resolution, Work stress | | |
| Social Worker | Davide | Di Pietro | EPPING | Yes | GEN | | | | | Trauma, including childhood and adult. Post Traumatic Stress Disorder, Trauma-related stress and anxiety, Separated families, Anxiety and Panic. | | UPON REQUEST |
| Registered Psychologist | Sue | Gynther | EPPING | No | GEN | | | | | Anxiety & phobias, Depression, DID, PTSD, Sexual abuse, Suicide, Anger management, Gay/lesbian issues, Grief/loss, Couples therapy | | CURRENTLY AT CAPACITY |
| Registered Psychologist | Renee | Moore | EPPING | | GEN | CMHS | ATSI | | PND | Adjustment Anxiety/phobias Behaviour problems Couples therapy Depression Gambling Learning difficulties Parenting Postnatal Depression Trauma Anger management ADHD | Chinese Indian | |
| Registered Psychologist | Ivette | Moutzouris | EPPING | | GEN | | | | | Academic performance, anger, Assertiveness Training Therapy, health problems, impulsiveness, PTSD, sleep disorders, cult involvement, work stress/bullying, self harm/suicide, Infertility, anxiety/phobias, PND | | EXISTING CLIENTS ONLY |
| Registered Psychologist | Ida | Soghomonian | EPPING | Yes | GEN | | | | | Assertiveness training, divorce/separation, work stress, anxiety & phobias, couples therapy, cross-cultural, Depression, parenting, PND, trauma. WDO Approved. | Armenian Farsi | CURRENTLY HAS WAITLIST |
| Registered Psychologist | Jodi | Thiessen | EPPING | | GEN | | | | | Anxiety, Phobias, Behavioural Problems, Cross Cultural, Depression, Divorce, Separation, Gender Sexual Identity, Parenting, PTSD, Trauma, Work Stress / Bullying. WDO Approved. | | UPON REQUEST |
| Clinical Psychologist | Gabriel | Wong | EPPING | | GEN | | | | | Anger management, dissociative identity disorder, PTSD, sexual abuse, victims of crime, ADHD, autistic spectrum, sex offences, self harm/suicide, trauma, parenting, anxiety/phobias | Cantonese Mandarin | CURRENTLY HAS WAITLIST |
| Clinical Psychologist | Adam | Wright | EPPING | | GEN | | | | | Anger management, Assertiveness Training Therapy, Health related problems, ADHD, Adjustment, Anxiety and phobias, Depression, academic performance | | UPON REQUEST |
| Registered Psychologist | Dr. Claire | Scannell | ETTALONG BEACH | No | GEN | | | | | PTSD, Sleep disorders, sexual abuse, work stress and work place bullying, anxiety and phobias, Depression, parenting, PND, self harm/suicide, trauma | | |
| Clinical Psychologist | Katharine | Hodgkinson | FRENCHS FOREST | | GEN | Does not work with Children | | SPP | | Depression / low mood, Anxiety / stress and living with uncertainty, Communication and care decision-making, Pain management, Fatigue and Sleep difficulties, Adjustment and grief, Intimacy and sexuality. | | UPON REQUEST |
| Social Worker | Sue | Hawkins | FRENCHS FOREST | Yes | GEN | | | SPP | PND | Anxiety & phobias, Depression, Personality disorders, Postnatal Depression, Infertility issues, Relaxation, Stress Management, Grief/loss, Life transition & adjustment issues, Couples therapy, Work stress | | |

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| Clinical Psychologist | Fiona | Murray | FRENCHS FOREST | | GEN | | | | Adjustment, Anxiety, Phobias, Couple Therapy, Depression, Gender, Sexuality, Identity, Infertility, LGBTQI, Parent, Personality Disorders, Post Natal Depression, PTSD, Self Harm, Suicide, Sexual Abuse, Terminal Illness, Trauma, Work Stress, Bullying | Afrikaans | |
| Clinical Psychologist | Yelena | Udy | GALSTON | | GEN | | ATSI | SPP | Assertive training, critical incident stress debriefing, health related problems, PTSD, Conflict resolution, Leadership, Behaviour problems, couples therapy, cross-cultural, trauma | | |
| Registered Psychologist | Petroula | Quinn | GLADESVILLE | Yes | GEN | | | SPP | Anxiety, Trauma, Panic Attacks, PTSD, Depression, Work stress, Post-natal Depression /Anxiety, Insomnia, Stress, Relationship Counselling , Parenting issues, Assertiveness training, Domestic & Family Violence, Sexual Assault, Self-harm, suicide Prevention, Grief & Loss, Bullying & Harassment, Pain Management/chronic pain, Adults and Adolescents > 12 years, | | CURRENTLY AT CAPACITY |
| Clinical Psychologist | Emma | Spencer | GLADESVILLE | No | GEN | | | | ADHD, impulsive behaviour, autistic spectrum, intellectual disability, personality disorders, anxiety disorders, Depression parenting, eating disorders | | NOT CURRENTLY TAKING NEW REFERRALS |
| Registered Psychologist | Jessica | Buster | GORDON | | GEN | | | | ADHD, Adjustment, Anxiety, Phobias, Autism Spectrum, Behavioural Problems, Bullying, Depression, Parenting | | |
| Registered Psychologist | Lauren | Chee | GORDON | | GEN | CMHS | | SPP | PND | Anxiety, ADHD, ASD, Depression, PND, OCD, Learning Difficulties, Stress Management, Trauma, Grief and Loss, Adjustment, Sleep | CURRENTLY HAS A WAITLIST |
| Clinical Psychologist | Michelle | Dean | GORDON | | GEN | | | | | Anxiety disorders, Self-esteem, Work stress, Adolescent mental health, Men's mental health | |
| Registered Psychologist | Niesha | Illingworth | GORDON | Yes | GEN | CMHS | | | | Primary presentation of depression, personality disorder, or trauma, Child and adolescent psychology, developmental disabilities | CURRENTLY HAS A 12 MONTH WAITLIST FOR NEW CLIENTS |
| Clinical Psychologist | Simone | Isemann | GORDON | Yes | GEN | | ATSI | SPP | | Mood Disorders, Anxiety & phobias, Suicide, Depression Life transition & adjustment issues, Post-natal Depression Anger management | |
| Registered Psychologist | Sarah | Jacob | GORDON | | GEN | | | | | Anger Management, Anxiety, Phobias, Assertiveness Training Therapy, Autism Spectrum, Behavioural Problems, Bully, Community Consultation Evaluation, Couple Therapy, Depression, Divorce, Separation , Eating Disorders, Gambling, Gender, Sexuality, Identity, Health Related Problems, Impulsive Behaviours, Infertility, Initial Assessment, Learning Difficulties, Parent, Personality Disorders, Post Natal Depression, PTSD, Self Harm, Suicide, Sexual Abuse, Sleep Disorders, Terminal Illness, Trauma, Victims of Crime, Work Stress, Bullying. WDO Approved. | |
| Registered Psychologist | Jeanette | Svehla | GORDON | | GEN | | ATSI | | | Gambling, Trauma, Depression, Other Mood Disorders, Anxiety, Substance Abuse Disorders, Life Transitions and Adjustment issues. | |
| Clinical Psychologist | Sue | Bartho | HORNSBY | YES | GEN | | | SPP | | Spirituality, trauma recovery and pain management, depression, anxiety and non-substance addiction, relationship counselling | UPON REQUEST |
| Clinical Psychologist | Sarah | Langmore | HORNSBY | | GEN | | | | | Adjustment Anxiety/phobias/ Behaviour problems Depression/ Intellectual disability Learning difficulties parenting/ Self harm/suicide PTSD Bullying/ Anger management ADHD / Autistic spectrum Divorce/separation | |
| Social Worker | Roslyn | Luijterink | HORNSBY | Yes | GEN | | | | | Alcohol Abuse, Anger Management, Anxiety, Phobias, Assertiveness Training, Cultural, Depression, Divorce, Separation, Gender / Sexual Identity, Health Related Problems, Impulsive Behaviours, LGBTQI, Personality Disorders, PTSD, Self Harm, Suicide, Sexual Abuse, Trauma, Victims of Crime, Work Stress / Bullying | |
| Clinical Psychologist | Sally-Anne | Aarons | HORNSBY | | GEN | | | | | Chronic pain, aging, neuro degenerative disease, adjustment, anxiety phobias, health related problems, PTSD, trauma, Sleep disorders, Depression, Parkinson's, Panic, Depression, Emotional Crisis, Grief / Bereavement, Insomnia, Life Threatening Illness, Neurological Disorders, Pain / Rehabilitation, Postnatal Depression, PTSD, Relationship Issues, Stress Management, Suicidal Feelings, Trauma Recovery, Women's Issues, Workplace Issues | |
| Registered Psychologist | Megan | Andriessen | HORNSBY | | GEN | | | | | Depression, Anxiety, Traumatic Stress Disorders | CURRENTLY AT CAPACITY |

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| Registered Psychologist | Samantha | Bertholdo | HORNSBY | | GEN | CMHS | | | | Anxiety, Depression, Adjustment disorder, Self-esteem, Body image difficulties, Adolescent Mental Health, Eating disorders, Autism Spectrum Disorder and ADHD, Emotion regulation and behavioural difficulties, Attachment difficulties, Psychological assessment, CBT, ACT, DBT and Schema Therapy. | | |
| Clinical Psychologist | Kim | Boyd | HORNSBY | Yes | GEN | | ATSI | SPP | PND | Adjustment Disorder, Anger Management, Anxiety, Phobias, Assertiveness Training, Bullying, Critical Incident Stress Debriefing, Cross Cultural, Cultural Inv, Depression, Dissociative Identity Disorder, Divorce and Separation, Eating Disorder, Health Related Problems, Impulsive Behaviour, Personality Disorder, Post Natal Depression, PTSD, Self Harm/Suicide, Sexual Abuse, Sleep Disorder, Terminal Illness, Trauma, Work Stress and Bullying | | |
| Clinical Psychologist | Frank | Breuer | HORNSBY | Yes | GEN | | | | | PND, Infertility, couples therapy, PTSD, trauma, parenting, cross cultural, Depression behaviour problems, SP | German | |
| Registered Psychologist | Ross | Calvi | HORNSBY | No | GEN | | ATSI | SPP | | Anger management, sexual abuse, victim of crime, alcohol abuse, couples therapy, trauma, gambling, parenting, bullying | | |
| Registered Psychologist | Jacqueline | Cheyne | HORNSBY | No | GEN | | | | | Adjustment, Mood issues, Eating Disorders, Anger Management, Anxiety, Phobias, Behavioural Problems, Bullying, Conflict Resolution, Depression, Impulsive Behaviours, Parenting, | | |
| Registered Psychologist | Herbert | Fung | HORNSBY | Yes | GEN | | ATSI | | | Adjustment, Depression, Anxiety, Self-esteem, Work Stress / Bullying | | Works Wednesdays |
| Registered Psychologist | Leesa | Garrety | HORNSBY | Yes | GEN | CMHS | ATSI | SPP | | Adjustment, Anxiety, Phobias, Depression, Gambling, Health Related Problems, Work Stress, Bullying | | |
| Registered Psychologist | Naomi | Iliffe | HORNSBY | | GEN | CMHS | | SPP | | Adjustment, Behaviour problems, Depression Intellectual disability, PND, Self harm/suicide, Anger Management, Expert Witness, Sexual Abuse, Victim of Crime, ADHD, Autistic spectrum, personality disorders, couples therapy, trauma, parenting | | CURRENTLY AT CAPACITY |
| Registered Psychologist | Maria | Morte-Sanorjo | HORNSBY | No | GEN | | | | | Perinatal Mental Health, Child, Adolescent and young adults, | Filipino | |
| Registered Psychologist | Tanushree | Joshi | HORNSBY | No | GEN | | | | | ADHD, Alcohol Abuse, Anxiety, Phobias, Assertiveness Training, Autism Spectrum, Behavioural Problems, Bullying, Cross Cultural, Impulsive Behaviours, Intellectual Assessment, Intellectual Disabilities, Parenting, Sleep Disorders, Trauma | | |
| Registered Psychologist | Lianne | Kady | HORNSBY | No | GEN | | | | | ADHD, Anxiety and Phobias, Assertiveness Training, Autism Spectrum, Behavioural Problems, Bullying, Depression, Impulsive Behaviour, Intellectual Assessment, Learning Difficulties, Parenting | | MATERNITY LEAVE |
| Social Worker | Purna | Kalra | HORNSBY | | GEN | | ATSI | SPP | | PTSD, sexual abuse, personality disorders, Depression self harm/suicide, trauma | Hindi | |
| Registered Psychologist | Jackie | Kingston | HORNSBY | Yes | GEN | CMHS | ATSI | SPP | PND | Adjustment, Anxiety & Phobias, Depression Work stress & Workplace bullying, Self harm/suicide, Trauma, PTSD, Sleep disorder | | AT CAPACITY - NOT TAKING NEW REFERRALS AT PRESENT |
| Registered Psychologist | Helen | Maxfield | HORNSBY | Yes | GEN | | | SPP | | Depression, Grief and loss, Stress, Anxiety and Panic, Relationship challenges, Drug and alcohol issues, Trauma including abuse and relational trauma, Personality issues and low distress tolerance arising from invalidating environments, Issues of personal development and communication, Self esteem and co-dependency | | UPON REQUEST |
| Registered Psychologist | Donald | O'Shaughnessy | HORNSBY | No | GEN | | ATSI | | | Anger Management, Sexual abuse, ADHD, Autistic Spectrum, Intellectual Assessment, behaviour problems, Couples Therapy, Parenting, Trauma, men's health issues, PTSD, Anxiety/phobias, Depression Juvenile Justice | | |
| Clinical Psychologist | Emma | Spencer | HORNSBY | No | GEN | | | | | ADHD, impulsive behaviour, autistic spectrum, intellectual disability, personality disorders, anxiety disorders, Depression parenting, eating disorders | | NOT CURRENTLY TAKING NEW REFERRALS |
| Registered Psychologist | Simone | Turner | HORNSBY | Yes | GEN | | | | | Adjustment, Anger Management, Anxiety, Phobias, Couples Therapy, Depression, Divorce, Separation, PTSD, Sexual Abuse, Sleeping Disorders, Trauma, Work Stress / Bullying | | |

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| Registered Psychologist | Simone | Natoli | HUNTERS HILL | | GEN | | | | | ADHD, Adjustment, Anxiety, Phobias, Assertiveness Training, Autism Spectrum, Behaviour Problems, Bullying, Conflict Resolution, Couples Therapy, Cross Cultural, Depression, Divorce, Separation, Eating Disorders, Impulsive Behaviours, Intellectual Assessments, Intellectual Disabilities, Learning Difficulties, PTSD, Self Harm, Suicide, Trauma | | |
| Registered Psychologist | Rudolf | Stork | HUNTERS HILL | | GEN | CMHS | ATSI | SPP | | Anger management, Assertiveness Training Therapy, GLBTO, Alcohol abuse, Personality disorders, Depression, Anxiety and phobias, Gambling | Czech | |
| Clinical Psychologist | Clara | Fritchley | KELLYVILLE | | GEN | | | | | ADHD, Adjustment disorder, Alcohol Abuse, Anxiety, Phobias, Behavioural Problems, Criminal Behaviour, Depression, Dissociative Identity Disorder, Eating Disorder, Family Court Issues, Impulsive Behavior, Infertility, Intellectual Disability, Legal Rep, Management of Offenders, Parenting, Personality Disorder | | |
| Social Worker | Erla | Marx Newhouse | KILLARA | | GEN | | | | | Adjustment, Anger Management, Anxiety, Phobias, Assertiveness Training, Behavioural Problems, Bullying, Conflict Resolution, Couples Therapy, Critical Incidents / Stress Debriefing, Cross Cultural, Depression, Infertility | | |
| Clinical Psychologist | Michelle | Hopkinson | KILLARNEY HEIGHTS | Yes | GEN | | | | | Anger Management, Assertiveness Training Therapy, Critical incident stress debriefing, Health related problems, PTSD, ADHD, Conflict resolution, Adjustment, Anxiety & phobias, Depression, Self Harm/suicide, Trauma | | UPON REQUEST |
| Clinical Psychologist | Stephanie | Morse | KILLARNEY HEIGHTS | Yes | GEN | CMHS | | | | Works with Children, Families, and Adults, Anxiety and phobias, Challenging behaviours, ADHD and Autism, Perfectionism, Self-esteem, Organisational skills and lifestyle factors, Depression, Communication within families | | UPON REQUEST |
| Clinical Psychologist | Anna-Louise | Ridhalgh | KILLARNEY HEIGHTS | | GEN | | | | | ADHD, Adjustment, Anxiety, Phobias, Autism Spectrum, Behaviour Problems, Bullying, Couple Therapy, Depression, Impulsive Behaviours, Parenting, Trauma | | UPON REQUEST |
| Registered Psychologist | Elke | Andrees | LANE COVE | Yes | GEN | | ATSI | SPP | | Perinatal & Parent-Infant Psychology, Child & Adolescent/Parenting, Anxiety & phobias, Depression, Personality disorders, Health related problems, Infertility issues, Sexual abuse, Grief/loss, Parenting, Relationships, Post-natal Depression | German | NOT TAKING NEW REFERRALS AT PRESENT |
| Registered Psychologist | Sarah | Buchanan | LANE COVE | | GEN | | | | | Adjust, Anxiety, Phobias, Assertiveness Training Therapy, Behavioural Problems, Bully, Critical Incident / Stress Debriefing, Depression, Divorce, Separation, Gender, Sexuality, Identity, Health Related Problems, Initial Assessment, Intellectual Disabilities, Learning Difficulties, LGBTQI, Self Harm, Suicide, Sleep Disorders, Trauma | | |
| Registered Psychologist | Angela | Cooley | LANE COVE | Yes | GEN | | ATSI | SPP | PND | Anxiety & phobias, Post-natal Depression, Depression, Eating disorders, Pain management, Stress management, Weight management, PTSD, Parenting, Victim of crime | | CURRENTLY HAS WAITLIST |
| Registered Psychologist | Benjamin | Ebert | LANE COVE | Yes | GEN | | | | | Anger Management, Anxiety, Phobias, Assertiveness Training, Bullying, Critical Incident / Stress Debriefing, Cross Cultural, Depression, Divorce, Separation, Family Court Issues, Health Related Problems, Impulsive Behaviours, LGBTQI, Personality Disorder, PND, PTSD, Self Harm/Suicide, Sexual Abuse, Sleep Disorder, Terminal Illness, Trauma, Victim Of Crime, Work Stress/Bullying. WDO Approved. | | |
| Registered Psychologist | Rafaela | Luca | LANE COVE | | GEN | | | | | Adults, PTSD, sleep disorders, sexual abuse, victim of crime, adjustment, anxiety/phobias, Depression, self harm/ suicide, trauma | | |
| Registered Psychologist | Alexandra | Saunders | LANE COVE | | GEN | | ATSI | SPP | PND | ADHD, Adjustment, Alcohol Abuse, Anger Management, Anxiety, Phobias, Assertiveness Training, Behavioural Problems, Bullying, Criminal Behaviours, Depression, Divorce / Separation, Eating Disorders, Health Related Problems, Impulsive Behaviours, Sleep Disorders, Trauma, Work Stress, Bullying | | |
| Clinical Psychologist | Jensen | Young | LANE COVE | | GEN | | | | | Child and family therapy, Anxiety & phobias, Depression, Grief/loss, Relationships, Life transitions & adjustment issues, Anger management, Trauma, PTSD | Cantonese Japanese | |

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|-------------------------|-----------------|-------------------|----------------|-----|-----|-----------|------|-----|---|-----------------------|----------------------------------|
| Registered Psychologist | Melanie | Norman | LINDFIELD | | GEN | | | | ADHD, Adjustment, Alcohol Abuse, Anger Management, Anxiety, Phobias, Assertiveness Training, Autism Spectrum, Behaviour Problems, Conflict Resolution, Depression, Disidentity Disorders, Divoce Separation, Gambling, Gender / Sexual Indentity, Health Related Problems, Impulsive Behaviours, Intellect Assessments, Leadership, Learning Difficulties, Legal Representative, LGBTQI, Parenting, Personality Disorders, Post Natal Depression, PTSD, Self Harm, Suicide, Sexual Abuse, Sleep Disorders, Trauma, Victims of Crime, Work Stress, Bullying, EMDR Therapy | | |
| Registered Psychologist | Simone | Natoli | LINDFIELD | | GEN | | | | ADHD, Adjustment, Anxiety, Phobias, Assertiveness Training, Autism Spectrum, Behaviour Problems, Bullying, Conflict Resolution, Couples Therapy, Cross Cultural, Depression, Divorce, Separation, Eating Disorders, Impulsive Behaviours, Intellectual Assessments, Intellectual Disabilities, Learning Difficulties, PTSD, Self Harm, Suicide, Trauma | | |
| Registered Psychologist | Susanne | Sorelle-Uebergang | MACQUARIE PARK | | GEN | | | | ADHD, Adjustment, Anger Management, Anxiety Phobias, Assertive Training, Behaviour Problems, Bullying, Conflict Resolution, Couples Therapy, Criminal Behaviour, Critical Incident / Stress Debriefing, Cross Cultural, Depression, Dislident Disorder, Divorce Separation, Eating Disorders, Family Court Issues, Gambling, Gender / Sexual Indentity, Health Related Problems, Impulsive Behaviours, Infertility, Legal Reports, Management Offenders, Parenting, Personality Disorders, Post Natal Depression, PTSD, Self / Harm Suicide, Sexual Offences, Sexual Abuse, Sleep Disorders, Terminal Illness, Trauma, Victims of Crime, Work Stress / Bullying - Culturally diverse clients suffering from Depression and PTSD | Hungarian | TELEHEALTH |
| Registered Psychologist | Keren | Calvert | MANLY | Yes | GEN | | ATSI | SPP | Adjustment, Anxiety/Phobias, Assertiveness Training, Bullying, Depression, Health Related Problems, PTSD, Self Harm/Suicide, Trauma | | CURRENTLY ON LEAVE |
| Registered Psychologist | Kate | Christensen | MANLY | Yes | GEN | > 18 only | | SPP | ADHD, Adjustment, Alcohol Abuse, Anger Management, Anxiety, Phobias, Assertiveness training, Autism Spectrum, Behaviour Problems, Bullying, Community Consult Evaluation, Conflict Resolution, Couple Therapy, Criminal Behaviour, Critical Incident / Stress Debriefing, Cross Cultural, Depression, Identity Disorders, Divorce, Separation, Eating Disorders, Expert Witness, Family Court Issues, Gambling, Gender / Sexual Indentity, Health Related Problems, Impulsive Behaviours, Infertility, Intellectual Assessments, Intellectual Disabilities, Leadership, Learning Difficulties, Legal Representation, LGBTQI, Parenting, Personality Disorders, Post Natal Depression, PTSD, Self Harm, Oucide, Sex Offences, Sexual Abuse, Sleep Disorders, Terminal Illness, Trauma, Victims of Crime, Work stress, Bullying, EMDR Therapy | | CURRENTLY ON LEAVE |
| Registered Psychologist | Kelly | Gryyak | MANLY | | GEN | | | SPP | ADHD, Adjust, Anger Management, Anxiety, Phobias, Assertiveness Training Therapy, Autism Spectrum, Behavioural Problems, Bully, Depression, Gender, Sexuality, Identity, Health Related Problems, Impulsive Behaviours, LGBTQI, Parent, Self Harm, Suicide, Sleep Disorders, Terminal Illness, Work Stress, Bullying | | TELEHEALTH ONLY AT THIS LOCATION |
| Registered Psychologist | Barbara | Sorensens | MANLY | Yes | GEN | | | | Mental illness, Personality disorders, Depression, Anxiety & phobias, Self harm, OCD, Self esteem & self development, Impulsive behaviours | Danish French | |
| Registered Psychologist | Francis (Frank) | Wilson | MANLY | | GEN | | ATSI | SPP | Adjustment Disorder, Alcohol Abuse, Anger Management, Anxiety and Phobia, Assertiveness Training, Behavioural Problems, Bullying, Community Consult/Evaluation, Conflict Resolution, Couples Therapy, Critical Incident /Stress Debriefing, Depression, Divorce/Separation, Health Related Problems, Leadership, Personality Disorder, PTSD, Self Harm & Suicide, Sexual Abuse, Terminal Illness, Trauma, Work Stress & Bullying. EMDR Therapy | | CURRENTLY HAS A WAITLIST |
| Registered Psychologist | Eloisa | Mulet | MANLY VALE | Yes | GEN | | | | Eloisa is a registered psychologist and fully trained psychoanalyst with over 29 years experience treating adults children and families. She sees people experiencing mental disorders, Depression, Anxiety, PTSD, Childhood Abuse, Anger issues, Fear issues, Grief and Loss, Assertiveness Training Therapy, Behavioural Problems, Bullying, Couples Therapy, Divorce, Sleep Disorders, Terminal Illness, Trauma, Work Stress | Portuguese Spanish | |
| Registered Psychologist | Anthea | Cottee | MCMAHONS POINT | | GEN | | | PND | Anxiety, Depression, Grief, Relationships, Forensic, Acute psychotic disorders, Adjustment disorder, Alcohol use disorders, Bereavement disorders, Bipolar disorder, Chronic psychotic disorders, Conduct disorder, Depression, Drug use | | |

ACCESS + APPROVED PROVIDERS

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|-------------------------|----------|------------|-----------------|-----|-----|------|------|-----|-----|---|------------|--|
| Registered Psychologist | Andrew | Wong | MCPMAHONS POINT | | GEN | | ATSI | | | Personality Disorders, Violent Risk Assessment, Child Protection Issues, Forensic, Acute psychotic disorders, Adjustment disorder, Alcohol use disorders, Bereavement disorders, Bipolar disorder, Chronic psychotic disorders, Conduct disorder, Depression, Drug use. | | |
| Registered Psychologist | Fatima | Omar | MEADOWBANK | Yes | GEN | | | SPP | | Anger Management, Anxiety, Phobias, Couples Therapy, Depression, Impulsive Behaviours, Personality Disorders, Post Natal Depression, PTSD | | MATERNITY LEAVE UNTIL JULY 2021 |
| Social Worker | Jan | Alexander | MONA VALE | No | GEN | | | | | Anxiety & phobias, Depression, Dissociative Identity Disorder, Eating disorder, Postnatal Depression, PTSD, relationships | | |
| Registered Psychologist | Kelly | Allen | MONA VALE | No | GEN | | | | | Anxiety & phobias, Depression, Eating disorders, Post-natal Depression, Mental Illness, OCD, ADHD, Self harm, Sexual abuse, Suicide, EMDR Therapy | | |
| Clinical Psychologist | Stacey | Berry | MONA VALE | No | GEN | CMHS | ATSI | SPP | | Adjustment, Alcohol Abuse, Anger Management, Anxiety, Panic, Phobias, Assertiveness Training Therapy, Bullying, Stress, Depression, Family Separation, Grief, Health Related Problems, Leadership, LGBTQI, Personality Disorders, Post Natal Depression, PTSD, Self Harm, Suicidality, Sexual Abuse, Sleep Disorders, Life Transitions, Trauma, Victims of Crime. | | UPON REQUEST |
| Clinical Psychologist | Angelica | Bilibio | MONA VALE | | GEN | | | | | Adjustment, Anger Management, Anxiety, Phobias, Assertiveness Training, Behaviour Problems, Bullying, Conflict Resolution, Couples Therapy, Critical Incidents / Stress Debriefing, Cross Cultural, Depression, Divorce, Separation, Gender / Sexual Indentity, Health Related Problems, Impulsive Behaviours, Infertility, Parenting, Personality Disorders, Post Natal Depression, PTSD, Self Harm, Suicide, Sexual Abuse, Sleep Disorders, Trauma, Victims of Crime, Work Stress, Bullying | Portuguese | CURRENTLY HAS WAITLIST |
| Registered Psychologist | Lynn | Camilleri | MONA VALE | No | GEN | | ATSI | | | Adjustment Anxiety / phobias Behaviour problems Couples therapy Cross-cultural Depression Eating Disorder Gambling Trauma | | TELEPHONE / INTERNET BASED SERVICES ONLY |
| Clinical Psychologist | Linda | Elliott | MONA VALE | No | | | ATSI | | PND | Post-natal Depression, Perinatal | | CURRENTLY AT CAPACITY |
| Registered Psychologist | Soha | Fassaie | MONA VALE | No | GEN | CMHS | | SPP | | ADHD, Adjustment, Alcohol Abuse, Anger Management, Anxiety, Phobias, Assertiveness Training, Behaviour Problems, Bullying, Conflict Resolution, Cultural, Depression, Divorce, Separation, Gambling, Gender / Sexual Indentity, Health Related Problems, Infertility, Intellectual Assesments, Parenting, Post Natal Depression, Victims of Crime, Work Stress / Bullying | | CURRENTLY AT CAPACITY |
| Registered Psychologist | Ruby-Jo | Hawkett | MONA VALE | | GEN | | | | | Anger Management, Anxiety, Phobias, Assertive Training, Conflict Resolution, Couple Therapy, Depression, Divorce, Separation, Family Court Issues, Parent | | LEGACY ONLY NO NEW REFERRALS |
| Registered Psychologist | Debra | Lawler | MONA VALE | | GEN | CMHS | | SPP | | ADHD, Adjust, Anger Management, Anxiety, Phobias, Assertive Training, Autism Spectrum, Behavioural Problems, Bully, Conflict Resolution, Depression, Health Related Problems, Impulsive Behaviour, Initial Assessment, Intellectual Disabilities, Parenting, PTSD, Self Harm, Suicide, Trauma, Work Stress, Bullying | | AT CAPACITY |
| Social Worker | Molly | Millington | MONA VALE | | GEN | | | | | Anxiety, Trauma, Stress, Work-life balance, School-related issues, Attachment issues, Perinatal mental health, Domestic violence. CBT, Trauma-informed Practice, Ecological Systems Therapy, Strengths-based Approaches, Mindfulness. | | |
| Social Worker | Natalie | Morton | MONA VALE | | GEN | | | | | Individual couple and family relationships, Depression, Anxiety, Loss and Grief, Abuse and Trauma | | |
| Registered Psychologist | Ian | O'Neill | MONA VALE | No | GEN | CMHS | | | | Children over 12 years, adolescents, adults. Depression, Anxiety Disorders, Relationship issues, Grief, Addiction issues, Work burnout, Trauma, Perinatal issues. ACT, CBT, Mindfulness, Schema Therapy. | | |
| Registered Psychologist | Julie | Preston | MONA VALE | | GEN | | | | | Depression, Anxiety, PTSD, CPTSD, Borderline Personality Disorder, Eating Disorders, Addictions both substance and process addictions, codependency and other relationship issues. CBT, DBT, ACT, Narrative Therapy, Sensorimotor Psychotherapy, Mindfulness | | |

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| Registered Psychologist | Jessica | Radovan | MONA VALE | Yes | GEN | CMHS | | | | ADHD, Adjustment, Anger Management, Anxiety, Phobias, Assertiveness Training, Autism Spectrum, Behavioural Problems, Depression, Eating Disorders, Health Related Problems, Intellectual Assessment, Learning Difficulties, Parenting, Self Harm, Suicide | | |
| Clinical Psychologist | Danielle | Sandalic | MONA VALE | | GEN | | | SPP | | Personality Disorders, complex trauma, also works with adults with chronic pain and those who are adjusting to chronic disability/illness, specifically spinal cord injuries | | |
| Counselling Psychologist | Erin | Seeto | MONA VALE | | GEN | | | | PND | Adjustment, Anger Management, Anxiety, Phobias, Autism Spectrum, Behavioural Problems, Bullying, Couples Therapy, Depression, Divorce, Separation, Health Related Problems, Impulsive Behaviours, Intellectual Disabilities, Learning Difficulties, PTSD, Terminal Illness, Trauma, Victims of Crime, Work Stress/Bullying | | |
| Clinical Psychologist | Puneet | Singh | MONA VALE | Yes | GEN | | | | | CBT, ACT, Schema Therapy, Anxiety, Depression, School or Work Stress, Interpersonal Difficulties, Anger Management, Behavioural Problems, Life Adjustment Difficulties, Grief and Loss, and Trauma. | | CURRENTLY AT CAPACITY - NOT ACCEPTING REFERRALS |
| Registered Psychologist | Anita | Van Aken | MONA VALE | Yes | GEN | | | ATSI | | Anger Management, Conflict Resolution, Couples Therapy, Divorce, Separation, Family Court Issues, Leadership, Parenting, Trauma, Work Stress, Bullying | | |
| Social Worker | Alison | Wallace | MONA VALE | No | GEN | | | | | Postnatal Depression, Stress Management, Self Harm, Infertility Issues, Physical abuse, Anxiety & phobias, PTSD, Behavioural Problems, Sexual abuse, Life transition and adjustment issues | | CURRENTLY AT CAPACITY |
| Registered Psychologist | Jovana | Sladakovic | MONA VALE | | GEN | CMHS | | SPP | | Anxiety, Phobia, Assertiveness Training, Depression, Parenting, Panic disorder | | CURRENTLY AT CAPACITY |
| Registered Psychologist | Timothy | Bullivant | MOSMAN | | GEN | | | | | ADHD, Alcohol Abuse, Anger Management, Anxiety, Phobias, Behavioural Problems, Depression, Divorce Separation, Family Court Issues, Health Related Problems, Intellectual Assessments, Learning Difficulties, Legal Representation, Parenting, PTSD, Self Harm / Suicide, Sleep Disorders | | |
| Registered Psychologist | Simone | Chartres | MOSMAN | | GEN | | | | | Anger management, Assertiveness Training Therapy, bullying, PTSD, alcohol abuse, anxiety/phobias, Depression, eating disorders, self harm/suicide, trauma | | |
| Registered Psychologist | Michal | Shoham Polonsky | MOSMAN | | GEN | | | | | Systemic Family Therapy, Psychodynamic Psychotherapy, DBT, Anxiety, Depression, Personality and Mood Disorders | | |
| Registered Psychologist | Kimberley | Shortridge | MOSMAN | Yes | GEN | CMHS | | | | ADHD, Anxiety/Phobias, Assertiveness Training, Autism Spectrum, Behavioural Problems, Bullying, Depression, Intellectual Assessment, Parenting | | |
| Clinical Psychologist | Emma | Spencer | MOSMAN | No | GEN | | | | | ADHD, impulsive behaviour, autistic spectrum, intellectual disability, personality disorders, anxiety disorders, Depression parenting, eating disorders | | NOT CURRENTLY TAKING NEW REFERRALS |
| Social Worker | Deborah | Bonham | NARRABEEN | | GEN | | | ATSI | | Working with Women and Children (younger males, child, teenager, young adult ok) ADHD, Anxiety & Phobias, Depression, Eating Disorders, Post-natal Depression, Pain management, Relaxation, Stress management, Bullying, Physical abuse, PTSD, Self harm, Sexual abuse, Suicide, Anger management, Grief/loss, Self esteem and self development, Alcohol abuse, Work stress, Workplace bullying, Domestic violence, Child specialist, Post adoption, Family separation, Crisis Counselling | | AT CAPACITY UNTIL OCTOBER 2021 |
| Registered Psychologist | Helen | Fuller | NARRABEEN | | GEN | CMHS | | SPP | | Anxiety, Depression, Grief / Loss, Trauma, Bullying, Self-esteem, Adolescent mental health, Child mental health, CBT | | |
| Registered Psychologist | Mitchell | Brown | NEUTRAL BAY | | GEN | | | | | Anxiety/phobias Couples Depression Gambling Trauma | | |
| Registered Psychologist | Karen | Cohen | NEUTRAL BAY | Yes | GEN | | ATSI | SPP | | Depression, Anxiety & phobias, Post-natal Depression, Health related problems, Grief/loss, Relationships, Academic performance, Self esteem & self development, Suicide, PTSD | | |

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| Registered Psychologist | Julie | Crabtree | NEUTRAL BAY | | GEN | | | | Health related problems PTSD Adjustment Anxiety/phobias Depression Infertility Parenting PND Trauma Work stress/bullying | | |
| Registered Psychologist | Racquel | Faram | NEUTRAL BAY | Yes | GEN | | ATSI | SPP | PND | Complex issues, Anxiety, Panic Attacks, Depression (including perinatal), Drug and alcohol use, Trauma, Stress, Relationship / family problems, Adjustment, Infertility, Grief and loss, life transitions and parent-infant attachment. | |
| Registered Psychologist | Shannon | Gostelow | NEUTRAL BAY | Yes | GEN | | | | | Assessment and counselling around anxiety and mood disorders, substance use, stress, and relational and family difficulties. Cognitive Behavioural Therapy, Solution-Focused Therapy and supportive counselling along with motivational interviewing, psycho-education and mindfulness techniques. Creative individuals and older adults | ON LEAVE FEB 2021 - MAR 2022 |
| Social Worker / Psychologist | Pete | Potgieter | NEUTRAL BAY | Yes | GEN | | ATSI | SPP *Legacy only | | Trauma, Disability, Severe Mental Illness, NDIS, Victims of Crime, National Redress Scheme, Depression, Anxiety, Obsessive Compulsive Disorder, Men's Counselling, Men's Sexual Dysfunction | |
| Registered Psychologist | Keren | Calvert | NEUTRAL BAY | Yes | GEN | | ATSI | SPP | | Adjustment, Anxiety/Phobias, Assertiveness Training, Bullying, Depression, Health Related Problems, PTSD, Self Harm/Suicide, Trauma | ON LEAVE |
| Clinical Psychologist | Kirstin | Barchia | NEWPORT | Yes | GEN | | | | | Bullying, ADHD, Anxiety & phobias, Depression, OCD, Postnatal Depression, Sleeping disorders, Stress management, Pain management | CURRENTLY AT CAPACITY |
| Clinical Psychologist | Carey | Callaghan | NEWPORT | Yes | GEN | | | | | Trauma, Anxiety & phobias, Depression, Eating disorders, Post-natal Depression, OCD, Relaxation, Stress management, PTSD, Self harm, Physical and/or Sexual abuse, Suicide, Anger management, Grief/loss and Self esteem | |
| Social Worker | Lisa | Fawcner | NEWPORT | Yes | GEN | | ATSI | | | Anxiety, Depression, risk of suicide, deliberate self harm, personality disorders, abuse and trauma, domestic violence, loss and grief, family therapy, LBGTQI, eating disorders and substance use/abuse. | AT CAPACITY UNTIL OCTOBER 2021 |
| Registered Psychologist | Ben | Gleeson | NEWPORT | | GEN | | ATSI | SPP | | Adjustment disorder, Alcohol Abuse, Anger Management, Anxiety and Phobias, Assertiveness Training, Depression, Gambling, Impulsive Behaviour, PND, PTSD, Self Harm/Suicide, Trauma, Work Stress/Bullying | |
| Registered Psychologist | Lily | Mailler | NEWPORT | Yes | GEN | | | | | Anxiety & phobias, Depression, Grief/loss, Self esteem, Couples therapy, Parenting, Conflict Resolution, Cross-cultural, Impulsive behaviours, Work stress | Spanish CURRENTLY AT CAPACITY |
| Clinical Psychologist | Gerry | Mobbs | NORTH NARRABEEN | Yes | GEN | | | SPP | | Anxiety, Depression, Drug and alcohol, Substance abuse, Mood disorders, Stress and trauma, Low self esteem, Health and eating | UPON REQUEST |
| Registered Psychologist | John | Burney | NORTH SYDNEY | | GEN | | | | | Assertive Training, Behavioural Problems, Couples Therapy, Depression, Divorce, Separation, Leadership, Work Stress, Bullying | |
| Registered Psychologist | Tatiana | Da Silva | NORTH SYDNEY | Yes | GEN | | | SPP | | Adjustment Anxiety/phobias Couples therapy Cross-cultural Depression Eating disorders/ PND Self harm/Suicide Trauma | Portuguese CURRENTLY HAS A WAITLIST |
| Registered Psychologist | Mitchell | Howarth | NORTH SYDNEY | | GEN | | | | | ADHD, Adjustment, Alcohol Abuse, Anger Management, Anxiety Phobias, Assertiveness Training, Behavioural Problems, Bullying, Conflict Resolution, Couples Therapy, Criminal Behaviour, Critical Incident/Stress Debriefing, Cult Inv, Depression, Dissociative Identity Disorder, Divorce/Separation, ExpertWit, Gambling, Gender / Sexual Identity, Health Related Problems, Impulsive Behaviour, LBGTQI, MgmtOffend, Parenting, Personality Disorders, Post Natal Depression, PTSD, Self Harm/Suicide, Sexual Abuse, Sleep Disorders, Terminal Illness, Trauma, Victim Of Crime, Work Stress/Bullying | |
| Registered Psychologist | Kristiina | Jacobs | NORTH SYDNEY | | GEN | | ATSI | | | Anxiety & Phobias, Depression, Pain management, Stress management, Greif/loss, Life/personal coaching, Shyness & social skills deficits, Couples therapy, Divorce separation, Relationships | |

ACCESS + APPROVED PROVIDERS

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| Registered Psychologist | Adena | Silverstein | NORTH SYDNEY | | GEN | | | | | Adjustment, Anxiety, Phobias, Assertiveness Training, Couples Therapy, Cross Cultural, Depression, Divorce, Separation, Gender / Sexual Indentity, Infertility, Leadership, Learning Difficulties, LGBTQI, Parenting, Post Natal Depression, Work Stress / Bullying | | |
| Registered Psychologist | Kathi | Pauncz | NORTHBRIDGE | Yes | GEN | | | | | Anger Management, Anxiety, Phobias, Assertiveness Training, Couples Therapy, Depression, Gambling, Personality Disorder, PTSD, Self Harm/Suicide, Trauma, Victim Of Crime, Work Stress/Bullying. EMDR Therapy | | |
| Registered Psychologist | John | Burney | PARRAMATTA | | GEN | | | | | Assertive Training, Behavioural Problems, Couples Therapy, Depression, Divorce, Separation, Leadership, Work Stress, Bullying | | |
| Clinical Psychologist | Ingrid | Pollard | PYMBLE | Yes | GEN | CMHS | | SPP | | PTSD, victim of crime, divorce/separation, family court, self harm/suicide, trauma, anxiety/phobias, parenting, self harm/suicide | | |
| Registered Psychologist | Lucy | Shi | PYMBLE | Yes | GEN | CMHS | ATSI | SPP | | Adjustment, Anxiety, Phobias, Cross Cultural, Depression, Children and Adolescents, Chronic Illness | Mandarin | |
| Registered Psychologist | Emili | Boschi | PUTNEY | Yes | GEN | | | | | Anxiety, Panic, Trauma , PTSD, Depression, Grief, Eating Disorders, Behavioural difficulties, Bipolar Disorder, Sexual Abuse, Self Esteem / Assertiveness, Career Counselling / Role Transitions, Drug / Alcohol, Sleep, Stress, Health, Weight Loss | | WAITLIST UNTIL SEPTEMBER 2021 |
| Registered Psychologist | Kelly | Grylak | ROSE BAY | | GEN | CMHS | | SPP | | ADHD, Adjust, Anger Management, Anxiety, Phobias, Assertiveness Training Therapy, Autism Spectrum, Behavioural Problems, Bully, Depression, Gender, Sexuality, Identity, Health Related Problems, Impulsive Behaviours, LGBTQI, Parent, Self Harm, Suicide, Sleep Disorders, Terminal Illness, Work Stress, Bullying | | FACE TO FACE AT THIS LOCATION - TELEHEALTH AT MANLY LOCATION |
| Registered Psychologist | Deborah | Admoni | ROSEVILLE | No | GEN | | | | | Trauma, work with children, adolescents and families, developmental disabilities, challenging behaviours, trauma/ complex trauma, intellectual disabilities, autism, ADHD | | |
| Clinical Psychologist | Mathew | Horne | SEAFORTH | | GEN | | | | | Assertiveness training, post traumatic stress, victim of crime, alcohol abuse, Criminal behaviour, Personality disorder, Trauma, Depression. WDO Approved. | | CURRENTLY AT CAPACITY |
| Registered Psychologist | Kate (Catherine) | McMaugh | SEAFORTH | Yes | GEN | CMHS | ATSI | SPP | | Community consult/evaluation, Post-traumatic stress, Sexual abuse, Personality disorders, Self harm/ suicide, Trauma Adjustment, Anxiety/phobias Couples Cross-cultural Depression Intellectual disability Learning difficulties Parenting PND, PTSD, Dissociative Disorders | | LEGACY ONLY NO NEW REFERRALS |
| Registered Psychologist | Leesa | Garrety | ST IVES | | GEN | CMHS | ATSI | SPP | | Adjustment, Anxiety, Phobias, Depression, Gambling, Health Related Problems, Work Stress, Bullying | | |
| Clinical Psychologist | Anna | Bednarek | ST LEONARDS | | GEN | | | | | Adjustment, Alcohol Abuse, Anger Management, Anxiety, Phobias, Assertiveness Training Therapy, Depression, Eating Disorders, Gambling, Health Related Problems, Personality Disorders, Post Natal Depression, Self Harm, Suicide, Sleep Disorders | | |
| Registered Psychologist | Samantha | Bertholdo | ST LEONARDS | | GEN | CMHS | | | | Anxiety, Depression, Adjustment disorder, Self-esteem, Body image difficulties, Adolescent Mental Health, Eating disorders, Autism Spectrum Disorder and ADHD, Emotion regulation and behavioural difficulties, Attachment difficulties, Psychological assessment, CBT, ACT, DBT and Schema Therapy. | | |
| Clinical Psychologist | Alison | Cornish | ST LEONARDS | Yes | GEN | | | | | Anger Management, Anxiety, Phobias, Assertiveness Training, Behaviour Problems, Depression, Parenting, Post Natal Depression, Trauma | | |
| MH Nurse | Kate (Kathleen) | Donohoe | ST LEONARDS | Yes | GEN | | | | | Adjustment, Anxiety, Phobias, Autism Spectrum, Behaviour Problems, Couples Therapy, Depression, Health Related Problems, Impulsive Behaviours, Infertility, Parenting, Personality Disorders, Post Natal Depression, PTSD, Self Harm, Suicide, Sexual Abuse, Sleep Disorders, Terminal Illness, Trauma, Work Stress, Bullying | | |
| Registered Psychologist | Lawrence | Fong | ST LEONARDS | | GEN | | ATSI | | | Grief/Loss, Life Transitions, Work related issues | Cantonese | |
| Social Worker | Judith | Krause | ST LEONARDS | Yes | GEN | | | | | Anxiety & phobias, Mental Illness, OCD, Personality disorders, Self esteem & self development, Couples therapy, Fertility / Sexual health, Work stress. CMH, Suicide/self harm | | |

ACCESS + APPROVED PROVIDERS

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|--------------------------|------------------|------------------|-------------|-----|-----|--------------|------|-----|-----|---|-----------|------------------------------|
| Registered Psychologist | Kate (Catherine) | McMaugh | ST LEONARDS | | GEN | CMHS | | SPP | | Community consult/evaluation, Post-traumatic stress, Sexual abuse, Personality disorders, Self harm/ suicide, Trauma Adjustment, Anxiety/phobias Couples Cross-cultural Depression Intellectual disability Learning difficulties Parenting PND, PTSD, Dissociative Disorders | | LEGACY ONLY NO NEW REFERRALS |
| Counselling Psychologist | Erin | Seeto | ST LEONARDS | | | | | | PND | Specialist perinatal mental health service | | BY REQUEST ONLY |
| Registered Psychologist | Amber | Takhar-Stapleton | ST LEONARDS | Yes | GEN | | | | | Child / adolescent, AdultS, Depression, Anxiety, Anger Management, Behavioural difficulties, Social skills, HSC stress management, self-esteem, ADHD, Relationship difficulties, Parenting strategies. | | |
| Registered Psychologist | Kym-Lee | Carlson | TURRAMURRA | | GEN | | ATSI | SPP | | ADHD, Adjustment, Alcohol Abuse, Anger Management, Anxiety, Phobias, Assertiveness Training, Behaviour Problems, Bullying, Conflict Resolution, Couples Therapy, Cross Cultural, Depression, Divorce / Separation, Eating Disorders, Gender / Sexual Identity, Health Related Problems, Impulsive Behaviours, Leadership, LGBTQI, Parenting, Personality Disorders, Self Harm / Suicide, Trauma, Work Stress / Bullying | | |
| Registered Psychologist | Rhona | Barker | WAHROONGA | | GEN | | | | | Postnatal, Parenting, Depression Adjustment, Anxiety & Phobias, Behaviour Problems, | | |
| Registered Psychologist | Mary Joy | Basilio | WAHROONGA | No | GEN | CMHS | | | | Psychological assessments, Autism, Anxiety, Depression, Cognitive Assessments, ASD assessments, Behavioural difficulties in children, Emotional dysregulation, Work stress and/or burnout, Social Skills training | | |
| Registered Psychologist | Emily | Evenhuis | WAHROONGA | | GEN | | | | | Registered psychologist with over 15 years experience working with children, adolescents and adults in a reparative way. | | |
| Registered Psychologist | Julie | Hughes | WAHROONGA | No | GEN | CMHS > 12YRS | | | | Anxiety, Stress, Adjustment, Grief and loss. Skills in Solution-focused Brief Therapy, Cognitive Behavioral Therapy (CBT), Acceptance & Commitment Therapy (ACT), Psychological Assessment, and group facilitation | | |
| Registered Psychologist | Gemma | Illescas | WAHROONGA | | GEN | CMHS | | | | ADHD, ASD, Behaviour difficulties, Specific Learning Disorder, Intellectual Disability Anxiety, Depression | | |
| Registered Psychologist | Myrelle | Makhoul | WAHROONGA | | GEN | | | SPP | PND | Borderline Personality Disorder, DBT, Psychometric assessment, Psychometric assessment, Depression , Complex trauma, Child Youth Mental Health, Anxiety, Eating Disorders, Suicidal ideation and non-suicidal self-injury, Psychosis, Personality Disorders, Grief/Loss, Relationship issues, Self-esteem, Behavioural Difficulties, Interpersonal Difficulties | | |
| Registered Psychologist | Robyn | Milligan | WAHROONGA | Yes | GEN | | | | | Adjustment, Anxiety/Phobias, Autism Spectrum, Behavioural Problems, Bullying, Depression, Parenting, Post Natal Depression, PTSD, Trauma | | |
| Registered Psychologist | Sharon | Reid | WAHROONGA | No | GEN | CMHS | ATSI | SPP | PND | Anger Management, Assertiveness Training Therapy, Bullying, PTSD, Divorce/separation, intellectual assessment, anxiety, Depression self harm/suicide, parenting | | |
| Registered Psychologist | Claire | Stanbury | WAHROONGA | | GEN | | ATSI | SPP | | Behavioural Problems, Critical Incident / Stress Debriefing, Parenting, Trauma, Victim Of Crime | Afrikaans | |
| Registered Psychologist | Colleen | Sullivan | WAHROONGA | | GEN | CMHS | | SPP | | Depression, Anxiety, Pain management, Immigration and relocation counselling, Work related stress, Career guidance, Stress management, Suicidal ideation, Survivors of sexual abuse, Supporting carers of mentally ill individuals | | |
| Clinical Psychologist | Sally-Anne | Aarons | WAITARA | | GEN | | | | | Chronic pain, aging, neuro degenerative disease, adjustment, anxiety phobias, health related problems, PTSD, trauma, Sleep disorders, Depression Parkinson's | | |

ACCESS + APPROVED PROVIDERS

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|-------------------------|-----------|---------------|--------------------|-----|-----|----------|--|--|------|---|--|--|---|--|
| Registered Psychologist | Lisa | Graaug | WARRIEWOOD | Yes | GEN | CMHS 16> | | | PND | Anxiety, Depression, Sleep issues, Relationship concerns, Parenting issues, Chronic health conditions and chronic pain. CBT, Emotion-focused therapy, Trauma-informed approaches, Psychobiological approach to couple therapy, Relaxation and stress-management practices, Mindfulness-based techniques | | | | |
| Psychologist | Nicola | George | WARRIEWOOD | Yes | GEN | | | | | Anxiety and Depression, Cognitive Behavioural Therapy (CBT), interest in Mindfulness. Post Natal Depression, Anger, Bereavement, and Eating Disorders. | | | | |
| Registered Psychologist | Kristiina | Jacobs | WARRIEWOOD | Yes | GEN | | | | ATSI | Anxiety & Phobias, Depression, Pain management, Stress management, Greif/loss, Life/personal coaching, Shyness & social skills deficits, Couples therapy, Divorce separation, Relationships | | | | |
| Clinical Psychologist | Annemarie | Lambe | WARRIEWOOD | Yes | GEN | | | | ATSI | SPP | Anxiety & Phobias, Depression, OCD, PTSD, Parenting, Suicide, Bullying, Pain Management, Grief/Loss, Terminal Illness | | | |
| Registered Psychologist | Nicole | Radcliffe | WARRIEWOOD | Yes | GEN | | | | | | Adjustment, Alcohol Abuse, Anxiety, Phobias, Assertiveness Training, Bullying, Couples Therapy, Critical Incident / Stress Debriefing, Depression, Divorce, Separation, Health Related Problems, Parenting, PTSD, Self Harm, Suicide, Work Stress / Bullying | | AVAILABLE MON / WED / FRI 10AM - 2PM | |
| Registered Psychologist | Lyndsey | Grounds | WARRIEWOOD | Yes | GEN | CMHS 16> | | | | SPP | Acceptance and Commitment therapy, Depression, Anxiety, Mood disorders, Psychosis, Suicide Risk Assessment, Lyndsey is passionate about helping people recognise their potential, achieve their goals and improve their quality of life. | | | |
| Registered Psychologist | David | Groves | WEST PENNANT HILLS | No | GEN | CMHS 16> | | | | SPP | Family Court issues, Divorce, Terminal Illness, Parenting, PND, Trauma, CALD, ADHD, PTSD, Behaviour, Cross-cultural, Trauma Victims of Crime | | | |
| Clinical Psychologist | Lesley | Smyth | WEST PENNANT HILLS | No | GEN | | | | ATSI | | Panic & phobias, Separation Anxiety, Social Anxiety & Shyness, Health Anxiety, Obsessive Compulsive Disorder (OCD), Work Stress, Depression & low mood, Management Bipolar Disorder, Parenting & perinatal support, Carer support, Assertiveness, Sleeping difficulties, Grief & loss, Managing Chronic pain and fatigue | | | |
| Registered Psychologist | Narmatha | Thillainathan | WEST PENNANT HILLS | No | GEN | CMHS 16> | | | | | Family Court issues, Divorce, Terminal Illness, Parenting, PND, Trauma, CALD, ADHD, PTSD, Behaviour, Cross-cultural, Trauma Victims of Crime | | | |
| Registered Psychologist | Adrian | Browne | WEST RYDE | Yes | GEN | | | | | SPP | Divorce/separation, personality disorders, adjustment, anxiety/phobias, couples therapy, Depression, self harm/suicide, parenting, trauma, sexual abuse | | EXISTING CLIENTS ONLY | |
| Registered Psychologist | Belinda | Wilson | WHEELER HEIGHTS | No | GEN | CMHS 17> | | | ATSI | SPP | CBT, ACT, DBT, Interpersonal Psychotherapy, Focusing Psychotherapy, Depression, Anxiety, Drug and Alcohol including working with parents/carers of AOD, | | UPON REQUEST | |
| Registered Psychologist | Kathleen | McLaren | WINSTON HILLS | | GEN | | | | ATSI | SPP | PND | Anxiety, Phobias, Bullying, Conflict Resolution, Couples Therapy, Depression, Identity Disorder, Divorce, Separation, Eating Disorders, Gambling, Gender / Sexual Identity, Health Related Problems, Impulsive Behaviours, LGBTQI, Parenting, Personality Disorders, Post Natal Depression, PTSD, Self Harm, Suicide, Sleep Disorders, Trauma, Victims Of Crime, Work Stress, Bullying | | |

| Provider Name Colour Key | |
|--------------------------|----------------------------------|
| Yellow: | Bulk Bill |
| Green: | Better Access with \$10 Gap Fee |
| Pink: | Better Access with >\$10 Gap Fee |
| White: | Access Plus Only |