



# Back to Home Back to Life

## About the program

This short term program is designed to ensure a smooth and safe transition from hospital to home for older Australians living with multiple chronic health conditions. The service aims to:

- Support a safe and straightforward transition from hospital to home
- Help people identify short and long term needs, develop goals and strategies to meet those needs, and apply for supports that assist in returning to pre-hospital life
- Promote further health and disease prevention, with a view to stay well in the community and reduce the risk of future hospitalisations

The program includes a mix of service and supports that can include assessment, planning, transport, information, care-coordination, referral services, as well as limited access to home assistance, welfare checks, and home visits where required.

This program is supported by funding from Northern Sydney PHN through the Australian Government's PHN Program.

## Contact PCCS

 (02) 9477 8700

 enquiries@pccs.org.au

 Unit 7, 1 Central Ave, Thornleigh NSW 2120

*“A person-centred program that builds independence, and provides a positive experience for the client and their carers”*

## Who is eligible?

People in the process of being discharged from hospital and who meet one or more of the following criteria:

- They are living with three or more chronic health conditions/comorbidities
- They are at risk of readmission to hospital after transitioning home
- They would benefit from short term follow-up support

AND they are also residents of one of these local suburbs:

- Hunters Hill
- Lane Cove
- Mosman
- North Sydney
- Northern Beaches
- Ryde
- Willoughby

\*Clients may not be eligible if they receive a service package which already provides a comprehensive support service component, such as COMPAC, TRANSPAC, CHSP, HCP, NDIS etc.

Talk to our friendly team for more information and to discuss access to the program.