

## Why trust PCCS with your plan?

Our staff are degree qualified and experts in their field. We have a thorough knowledge of the social services and disability sectors and can make sure your voice is heard to secure funding under the right categories.

Our regular communication with the NDIA make us specialists at navigating and understanding the system, including the application and review processes. We are persistent and proactive as we truly want you to have the same opportunities that the wider community enjoys.

Our multidisciplinary and multicultural team of OTs, social workers, counsellors, mental health nurses and psychologists are here to help in plain English or your preferred language, to help you reach your goals.



Your life, **YOUR WAY** we can make it happen

I ♥ ndis PCCS

## Connect with us



PCCS is a not-for-profit health organisation working to make it easier for people to access the health and community services they need to improve their quality of life.

## For more information

☎ (07) 3186 4000

✉ enquiries@pccs.org.au

🌐 pccs.org.au

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Mermaid Beach QLD 4218

Approved NDIS Provider No. 4050003929  
ABN: 92 154 673 793

*Primary & Community Care Services gratefully acknowledges the financial and other support from the Gold Coast Primary Health Network, the NDIA, the Australian Government Department of Health, and our other funding partners.*

# Making the NDIS work for you

## We specialise in supporting people with:

- Complex or intensive support needs
- Occupational Therapy and Psychological Services
- Specialist Support Coordination
- Plan Management
- School Leavers Employment Services



Practically supporting wellbeing

# Let's change life for the better

The NDIS is life-changing for people with a disability. Our expert knowledge of local health, social and welfare services are crucial in helping you access the support you need and reach your goals. We listen to your needs and help you take control in making the best choices that are right for you.

## How we do this

### Occupational Therapy Services

Our Occupational Therapists (OTs) love making your life easier, supporting you with:

- Functional assessments
- Rehabilitation for daily activities and social participation
- Assistive technology
- Home modifications
- Housing applications
- Assessments for Supported Independent Living (SIL) and Supported Disability Accommodation (SDA)
- Finding and keeping a job



### Psychological Services

We work with you to improve your daily living with:

- Depression, anxiety and phobias
- Traumatic experiences such as PTSD
- Assertiveness training, behaviour problems
- Self-development and social skills
- Relationships and conflict resolution



### Specialist Support Coordination

We know the NDIS processes can be daunting. We have specialist knowledge and skills in:

- Finding and negotiating with providers
- Facilitating choice and control of your supports
- Navigating the NDIS stages and Portal
- Preparing for your next NDIS plan review
- Communicating regularly with you to ensure you feel supported and in control



### Plan Management

Our Plan Managers give you all the benefits of self-management of your NDIS funding without the financial and administrative burden by:

- Regularly monitoring your budget
- Ensuring payments are made on time
- Using the providers you want, whether NDIS registered or not
- Helping you build the skills you need to eventually manage your own plan

### Increase your community participation

As the Australian leader in social prescribing, we focus on connecting you to your local community and reducing social isolation. Our **Well Together**<sup>®</sup> groups can support you socially and creatively as you develop your interests at the same time as building your wellbeing, inclusion and confidence.